

November 2025

Duke of Edinburgh's Award Welcome Information

Thank you for choosing The Duke of Edinburgh's (DofE) programme. Your child is embarking on a life-changing adventure – their Bronze DofE. They will have the chance to help others or the environment, get fitter, learn valuable skills and explore the countryside.

The award is split into four sections. **A voluntary placement, a physical activity, learning a new skill and a two day one night expedition.** Two sections must be completed for three months and the other six. It is the participants choice as to which they would like to maintain for six months. Each section must be signed off by an assessor this cannot be a family member. The assessor would usually be the person running the activity such as a sports coach/music tutor.

In order for your child to be prepared for the expedition; training will be provided from November and will be held on a Wednesday afternoon 3.15 – 4.00pm, along with a navigation practice walk. An itinerary of sessions and dates are attached along with a kit list of items that will be needed for the expedition. There will be two meetings to set your child up on eDofE and to make sure they have chosen suitable activities for their sections.

Ideas for each section can be found on the DofE website. [Ideas for Activities - The Duke of Edinburgh's Award \(dofe.org\)](https://www.dofe.org). Participants will be supported with their choice of activity for each section by a DofE leader. There are numerous clubs and activities available at HLA to help achieve the three sections.

The cost for completing the full award is **£100**. Payments will be made through our online payment system. It will show under trips in Arbor to enable the instalment function, please ignore the date set, we must enter a date for it to show, the DofE is throughout the academic year. A breakdown of the instalments and payment dates are as follows.

£30 - 1/12/25

£30 - 2/2/26

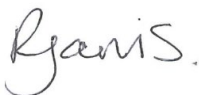
£40 - 31/3/26

If a participant discontinues with the programme following enrolment, you will not have to continue with the instalments, however, payments made up-front, are non-refundable.

All Payments need to be made through Arbour.

If you require any further information, please do not hesitate to contact me
Rhian.jarvis@heathlaneacademy.org.uk

Yours sincerely



Rhian Jarvis
DofE Manager

DofE Expedition Training Sessions

Wednesday 3:15 – 4pm

Activity	Date	Attendees
Introduction / welcome talk	12/11/25	All
DofE enrolment (eDofE account set up) Expedition Groups	3/12/25	All
Expedition Equipment & Kit List / packing a rucksack	10/12/25	All
Christmas Holidays		
Map symbols	14/1/26	All
4 figure reference	21/1/26	All
Six Figure Grid references	28/1/26	All
Country side code / Expedition Aim/ Kit list reminder	4/2/26	All
Expedition food	11/2/26	All
February Half Term		
Practice Route planning (grid reference/bearing/description)	25/2/26	All
First Aid Scenarios	4/3/26	All
First Aid	11/3/26	Grp 1&2
First Aid	18/3/26	Grp 3&4
Map symbols/grid references recap	25/3/26	
Easter Holidays		
Route Planning	15/4/25	All
Day Walk Checking in (10 minutes)	16/4/26	All
Day Walk Navigation exercise (Saturday)	18/4/26	All
Route Planning	22/4/26	All
Route Planning	29/4/26	All
Route planning	6/5/26	All
Equipment checks/handing out of equipment/ Tent pitching re-cap	13/5/26	All
Bronze DofE Expedition.	15/5/26 - 16/5/26	All



EXPEDITION KIT LIST

This is a recommended kit list for Bronze expeditions.

Got it	Personal Kit	Got it	Expedition kit
	Walking boots		65 L rucksack
	Thick walking socks (spare in bag)		Water bottles/bladder pack
	Waterproof jacket		Rucksack liners/bin bag
	Waterproof trousers		Sleeping mat
	long sleeve top/top layer (spare in bag)		Sleeping bag
	t-shirt (spare in bag)		Torch
	Walking trousers/shorts/leggings (NOT JEANS) spare in bag		Mug/Plate/cutlery
	Underwear/light weight socks		Watch
	Nightwear		Playing cards/card game
	Flipflops (for use at campsite)		Expedition food/pack up
	hat/cap/sun glasses		Tea towel/ washing up liquid/sponge
	Extra layers/lightweight jumper for the evening		
	Basic first aid kit		
	Sun screen		
	Personal hygiene kit		

Group kit will be provided on the day of the expedition.

Each group will be expected to carry

Additional water if they need this for cooking in the day. a tent, washing up equipment, gas, compact cooking stove, a group first aid kit, survival bag and use a map and compass to navigate with.

Food for the weekend:

Saturday Lunch:

Saturday evening meal:

Sunday breakfast:

Sunday Lunch:

Snacks: